Dance Learning Journey: Year 8



Step 8&9: Assessment

Teacher assessment of all skills covered and dance performance and routine.



Step 6: Rehearsal

Dance rehearsal time to develop and practice dance routine.



Step 5: Expressive skills

Development of expressive skills of how to create mood and story telling through dance.



Introduction how to use motif's in developing dance routines.



Step 4: Technical skills

Develop knowledge on actions focusing on moments of stillness and using different levels and body parts.



Step 2: Dance styles

Develop dance styles knowledge and introduce the start of the dance routine.



Step 1: Physical Skills

Develop dance warm-up and stretches looking at mobility stretches and flexibility.















COLLEGE