# **OAA Learning Journey: Year 7**



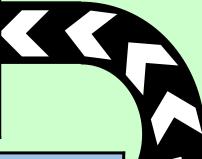
### Step 6: Assessment of skills

Teacher assessment of OAA skills learnt within this journey. Individual time trial of yellow or orange course. Pairs if absolutely necessary.



## Step 5: Yellow and orange course time trials

Paired time trial of yellow or orange course (ability-led). Q & A to re-cap key skills prior.



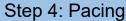
# Step 2: Orientating and thumbing maps

Netball court games to develop orientating maps. Yellow course to move from one control to another. Orientate. locate, check. Group time trial on yellow course.



## Step 3: Symbols and description

Intro to symbols and description via yellow maps. Intro to compass use for direction. Yellow course application in small groups.



Intro to pacing in order to work out distance to a control point. Athletics track to facilitate. Yellow and orange course application in pairs.



Introduction to map orientation, identification of key parts of the map. Application via intro to yellow course.



### Step 1a: Introduction

Key points discussed via Q & A: What is orienteering? What is a map? How do you orientate a map?













