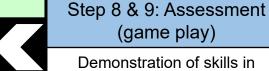
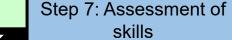
Football Learning Journey: Year 7



Demonstration of skills in small-sided game situations (2 v 2; 4 v 4; 7 v 7) to outwit opponents. Development of football rules.



Teacher assessment of the skills (visited on this journey) needed to be successful in a game of football.

Step 6: Defending principles

Basic tackling skills (block tackling) and a consideration of where and when defending is important in football.

Step 3: Passing and moving (off the ball)

Passing into space over short distances in order to attack using the instep of the foot. Introduction to tactics when in possession of the ball.

Step 4: Shooting (intro)

Shooting at goal from a short distance and using an opponent's position for shot selection. Attempt to use weaker foot.

Step 5: Attacking principles

Outwitting opponents and creating chances via passing. Decision making (timing of pass) explored.

Step 2: Dribbling and turning (intro)

Explore basic dribbling skills whilst keeping control of the ball. Attempt to use both feet along with turning to outwit opponents.

Step 1: Passing (intro)

Passing and receiving over a short distance. Using the instep of the foot and attempting to use weaker foot.









