# **Football Learning Journey: Year 7**



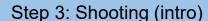
Step 6: Assessment (skills and game play)

Assessment of the skills (visited on this journey) and demonstration of skills in small-sided games to outwit opponents. Development of football rules.



## Step 5: Defending principles

Basic tackling skills (block tackling) and a consideration of where and when defending is important in football.

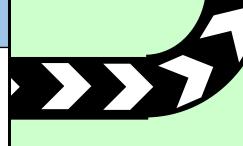


Shooting at goal from a short distance and using an opponent's position for shot selection. Attempt to use weaker foot.



#### Step 4: Attacking principles

Outwitting opponents and creating chances via passing. Decision making (timing of pass) explored.





### Step 2: Dribbling and turning (intro)

Explore basic dribbling skills whilst keeping control of the ball. Attempt to use both feet along with turning to outwit opponents.

#### Step 1: Passing (intro)

Passing and receiving over a short distance. Using the instep of the foot and attempting to use weaker foot.









