

# Football Learning Journey: Year 7

## Step 6: Assessment (skills and game play)

Assessment of the skills  
(visited on this journey)  
and demonstration of skills  
in small-sided games to  
outwit opponents.  
Development of football  
rules.

## Step 5: Defending principles

Basic tackling skills  
(block tackling) and a  
consideration of where  
and when defending is  
important in football.

## Step 3: Shooting (intro)

Shooting at goal from a short  
distance and using an  
opponent's position for shot  
selection. Attempt to use  
weaker foot.

## Step 4: Attacking principles

Outwitting opponents  
and creating chances via  
passing. Decision  
making (timing of pass)  
explored.

## Step 2: Dribbling and turning (intro)

Explore basic dribbling skills whilst  
keeping control of the ball.  
Attempt to use both feet along with  
turning to outwit opponents.

## Step 1: Passing (intro)

Passing and receiving over a short  
distance. Using the instep of the  
foot and attempting to use weaker  
foot.



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