Cricket Learning Journey: Year 7



Step 6: Bowling

Standing at stumps, pupils to practice overarm technique. Highlight grip, body shape and target. What happens if you bowl too short? Too long?



Step 5: Striking (basic batting)

Pupils to learn how to hold the bat correctly and how to stand while at the crease. Focus on hitting for power to get the furthest distance possible.



Step 3: Fielding (throwing)

Building on previous lessons, pupils to practice throwing to a target (stumps) under arm throwing. Pupils look to get the ball to reach the target at the top of the stumps – highlight why this would be beneficial in a game situation



Step 4: Fielding (throwing)

Recap previous learning. Pupils to work on overarm throwing for fielding from a greater distance.



Step 2: Fielding (blocking)

Explore long and short barrier for fielding balls played along the ground



Step 1: Fielding

Throwing and catching with confidence. Pupils look at positioning of hands and body.













