Table Tennis Learning Journey: Year 10



Step 6: Doubles play

Develop doubles play through experience. Service rules and alternate shots to be the main focus.



Step 5: Serving

Identify opponents' strengths and weaknesses to select the correct serve to outwit them.



Step 3: Backhand loop (intro) Introduction to the backhand loop

in an isolated manner only. Conditioned drills to allow for consistency of shots played with the correct trajectory.



Step 4: Forehand loop (intro)

Introduction to the forehand loop in an isolated manner only. Conditioned drills to allow for consistency of shots played with the correct trajectory.



Develop technique of the forehand chop. Focus on when and why to demonstrate tactical awareness.



Step 1: Backhand chop (develop)

Develop technique of the backhand chop. Focus on when and why to demonstrate tactical awareness.















COLLEGE