# **Netball Learning Journey: Year 10**



## Step 6

Develop knowledge of rules & regulations through umpiring



## Step 5: Advanced Shooting

Holding space to get the ball closer to the post, shooter to shooter passing, shooting from range



## Step 2: Court order

Knowing who the ball should go to next, and the positional options that should be available (always 2 options to the ball)



## Step 3: Blocking

Introduce blocking as a defence strategy and when it is best used.



## Step 4: Set centre pass play

Looking at different set centre pass plays so that players know who is expecting the ball and therefore maximise their attacking opportunities



## Step 1b: Advanced footwork

Introduction of landing on the outside foot & turning in the air.



## Step 1a: Passing

Selecting when to use each pass to outwit opponents. Tactical awareness in passing (reset to the centre third, shooter to shooter, passing across the defensive circle)











