

East Lancashire Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

**Advice sessions are available on-line via
'Attend Anywhere'**

Delivered by CYPMH East

tinyurl.com/ELCAS-LSCFT



**Enter the word "CYPMH East" as the first name and "drop in" as the
second name followed by your date of birth.**

You will then enter our virtual waiting area where we will collect you.

**Wednesday 5th August 2026
Wednesday 12th August 2026
Wednesday 19th August 2026
Wednesday 26th August 2026**

**1pm – 3pm
3pm – 5pm
5pm – 7pm
1pm – 3pm**