

1-2-1 Counselling

60 Minute One-To-One Support Session

Private, confidential mental health support
with a fully qualified counsellor and mental
health worker.

From £45



The Oasis

Community mind & body service

**COGNITIVE BEHAVIOURAL
THERAPY (CBT)
PERSON CENTRED
THERAPY**

**Come to one of our
friendship groups**

**Briercliffe Community
Centre, Jubilee St,
BB10 2JD - Every Fri
18:30 - 20:30**

**West End Community
Centre, Venice St,
BB11 4BA - Every
Tues 14:30-16:30**

**BPRCVS Centre
62-64 Yorkshire St,
Burnley BB11 3BT**

Massages

Facial Massage - 15 Mins

Full body massage - 60 mins

Indian Head Massage - 20 Mins

Arm & Hand Massage - 15 mins

Back, Neck and Shoulder Massage - 20 mins

www.the-oasis.co.uk

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