

04 April 2023

Dear Parent/Carers

As you know, social media and devices are an almost constant part of people's lives today. Even as a no phones school we are fully aware of the issues they can cause. This half term as a school we have challenged students to work with peers as form groups to come up with their social media manifestos. They have shared their concerns relating to social media, as well as suggesting how they can swap their screen time for real-life activities. Students have been tracking their daily screen time in the hope of reducing their totals.

The forms who have worked the hardest on their manifestos and committed to reducing their screen time effectively have won prizes. The winning form in each year group will have a trip with their form tutor next half term. The runners up in each year group will have a reward in school with their form tutors.

Winners:

7W
8S
9H
10L
11R

Runners up:

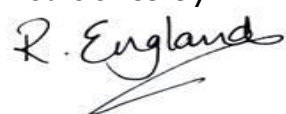
7U & 7S
8U & 8W
9C & 9L
10U & 10W
11S & 11H

This project is something we are passionate about as a school, and we will continue work on this moving forward. We feel that it is important to share some key points raised by the students:

- There are concerns about some of the content and messages they are in receipt of from people they don't know
- Younger students especially would like more advice and guidance on staying safe on phones and devices
- Students want to be supported by families to put their phones down and do things together
- They want help managing notifications on their phones and apps to allow them to disconnect
- They want more competitions and challenges organised by school to encourage them to reduce their screen time

As we move forward we will continue to support students to navigate their online lives safely and productively. We will be challenging them to reduce their screen time again, by keeping track with their form tutors each week.

Yours sincerely



Mrs R England
Headteacher