



KEY GUIDANCE FOR PARENTS/CARERS

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Key Guidance for Parents/carers

Working with Your Child at Home

Routine

Children typically respond well to routine, and now that they have been at home for several weeks and the Easter holidays have passed, they (and you!) will probably be grateful for it. This does not necessarily mean you need a rigid timetable but it may be helpful for your child to have some structure to their day, so that they know when they are working and when they can have some guilt-free down-time. Down-time also tends to be appreciated more after some work! Remember, children are used to working from 9-3pm (and will be returning to those times in the future) so you may want to stick to similar times, although they could be adjusted depending on the needs of the household. It may also add to their sense of normality to do more schoolwork Monday to Friday and less at the weekend, or not have any routine at all on a Saturday or Sunday in terms of schoolwork.

A more flexible routine could look like:

Day(s)	Time	Activity
Monday-Friday	9-11am	Schoolwork
	11am – 12noon	Exercise/fresh air at home
	12-1pm	Lunch (including time to text/call friends)
	1-2pm	Schoolwork
	2-3pm	Something different
	3-4pm	Reading and talking about learning
Saturday	10-12noon	Finish schoolwork/reading
Sunday	10-12noon	Finish schoolwork/reading

A more structure routine could look like (gaps filled in with school subjects):

Day	9-10	10.10-11.10	11.30-12	12.15-13.15	13-15-14.15	14.30-15.30	15.40-16.00	16.10-16.30
Monday	<i>E.g. maths</i>	<i>E.g. science</i>	Exercise/fresh air at home	Lunch (including time to text/call friends)		Something different	Reading	Talk with family about learning
Tuesday			Exercise/fresh air at home	Lunch (including time to text/call friends)		Something different	Reading	Talk with family about learning
Wednesday			Exercise/fresh air at home	Lunch (including time to text/call friends)		Something different	Reading	Talk with family about learning
Thursday			Exercise/fresh air at home	Lunch (including time to text/call friends)		Something different	Reading	Talk with family about learning
Friday			Exercise/fresh air at home	Lunch (including time to text/call friends)		Something different	Reading	Talk with family about learning
Saturday		Finish any work	Reading					
Sunday		Finish any work	Reading				Make timetable for next week	

Asking your child to draw up a timetable on a Sunday for the week ahead will give them some ownership of their learning and help them to organise all the different tasks from Show My Homework that they need to fit in.

Something different – during these slots, break up the day by trying a different activity such as: baking, playing cards, setting up a treasure hunt in the house, playing a board game, learning how to juggle....our teachers have set some fun things on Show My homework too!

Reading

As you can see, we continue to highlight how important reading is to everyone's education. At college we factor in time for reading each day and therefore would like this to continue at home. Talk to your child about the book they are reading. Questions you could ask include:

- What has happened so far in the book?
- Who is the main character in the book? Are they a likeable/ believable/ interesting character? Would you have acted in the same way as this character?
- What do you think will happen next in the book? What do you think will happen at the end?
- What have you learnt about others from this book?
- Who would you recommend the book to and why? Should I read this book?
- What are you going to read next and why?

Talk about learning

As you usually would do, it is a good idea to talk to your child about the work they have done that day. Questions you could ask:

- What are the most important facts you learned in each subject? *
- Write down the main facts you will have to remember. I will test you on them tomorrow. *
- Show me how to work out..... Is that the only way to do it?
- Are there any things from today you didn't understand? How can you get help with these?
- Explain how you answered that question. (*Point to the question.*)
- What do you remember about what you learned yesterday or earlier in the week, or last week? *

*** These questions are important to help learning stick in your child's long-term memory**

Year 11 students

It is important that Year 11s still continue to study so that they are prepared for their new courses in September. Teachers are continuing to set GCSE work, whilst also setting some 'bridging the gap' work to ensure they are ready for their next steps. For all students, it is important that they keep on top of their skills in English and maths as these will always be used in their new course. And any students going on to study a specific subject, e.g. history, should also keep their studies fresh in those areas.

Internet Safety

Please refer to the website below for some guidance about online safety, including some home activity packs aimed at different age groups:

<https://www.thinkuknow.co.uk/parents/support-tools/support-your-child-at-home?>

Ask for help!

The most important thing to know is that you are not on your own, and we do not expect you to be an expert in all of the subjects your child is currently learning. The email help@shuttleworth.lancs.sch.uk is manned during normal school hours but all teachers are logging onto Show My Homework regularly to set and check work -your child can contact their teachers on that platform.