



Baby Loss & Miscarriage Service

Together After Loss

Healing Hearts and Minds
after Miscarriage and Baby Loss



Support service across
Blackburn with Darwen

Lancashire Mind & Lancashire Women Baby loss 'Walk & Talk'

Join us on a walk around the beautiful Witton Park, Blackburn. A chance to meet and speak to Amy from Lancashire Women and Grace from Lancashire Mind, Together After Loss service.

Open to all parents and families who have experienced baby loss. A chance to connect and speak to other families and services who are here to support you.

No pressure, just fresh air, conversation and support.

(This is for baby loss families and an adult only session, another session open to all will be confirmed)

For more information please email:
togetherafterloss@lancashiremind.org.uk

lancashiremind.org.uk

Wednesday
1st April
9.30am - 11am

Witton Country Park,
Blackburn BB2 2TP

Meeting in front of
the sports centre

Scan QR
code to
register:





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Together After Loss supports residents of Blackburn with Darwen and Lancashire who have experienced or been affected by baby loss and miscarriage.

Wellbeing & Support Sessions

Activity-based wellbeing sessions are offered to individuals and families who have experienced loss, creating a supportive space where you can connect alongside others with shared experiences. Sessions are facilitated by Grace, who brings compassion, understanding by her own lived experience.

Tuesday 8th & 28th April
6pm - 7.30pm

The Hub @ Shadsworth (Newground),
Rothsay Rd, Blackburn, BB1 2ES

Register via the QR code

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