

East Lancashire Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

**Advice sessions are available on-line via
'Attend Anywhere'
Delivered by ELCAS
tinyurl.com/ELCAS-LSCFT**



**Enter the word "ELCAS" as the first name and "drop in" as the second
name followed by your date of birth.
You will then enter our virtual waiting area where we will collect you.**

**Wednesday 3rd September 25
Wednesday 10th September 25
Wednesday 17th September 25
Wednesday 24th September 25**

**1pm – 3pm
3pm – 5pm
5pm – 7pm
1pm – 3pm**

East Lancashire Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

**Advice sessions are available on-line via
'Attend Anywhere'**

Delivered by CYPMH East
tinyurl.com/ELCAS-LSCFT



**Enter the word "CYPMH East" as the first name and "drop in" as the
second name followed by your date of birth.**

You will then enter our virtual waiting area where we will collect you.

Wednesday 7th October 2026

1pm – 3pm

Wednesday 14th October 2026

3pm – 5pm

Wednesday 21st October 2026

5pm – 7pm

Wednesday 28th October 2026

1pm – 3pm