| Name: |  |
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## What is Health and Social Care?

- There are several people who work in health care including nurses, doctors, councillors and those in social care such as helping people in their home and day care centres.
- All those working in health and social care aim to look after the physical, emotional and social needs.
- People working in the health care profession have an important role in looking after other people's health and wellbeing.
- It is also your responsibility to ensure that you promote care in the community.

**Task**: What qualities are important for Health and Social Care professionals?

Think about who you would want to look after you if you were unwell. What type of person would they need to be? Make a list of as many qualities you can think of that might be important in this type of role.

## Why is Health and Social Care Important?

- Health and Social Care is a growth area in Lancashire, which means it is an industry which will require lots of new highly skilled people over the coming years.
- It is not just nurses and doctors, there are over 350 different careers within the sector!
- You can gain skills for life through studying and practical experience.
- You can make a difference to other people!

## How do you get into Health and Social Care?

Task: A paediatrician, a nutritionist and a physiotherapist are all jobs in the Health and Social Care industry. What would you have to do/ study to get those jobs? Use the websites below to find out and then write the answers in the box.

https://www.healthcareers.nhs.uk/working-health/working-social-care

https://nationalcareers.service.gov.uk/search-results?searchTerm=health+and+social+care

| Paediatrician:   |  |
|------------------|--|
| Nutritionist:    |  |
| Physiotherapist: |  |



| Name:   |                            | Year:              | School:                       | -           |  |  |
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| <u>Task</u> : You have been given £1500 by the local council, as well as access to the local buildings they own (for example the church hall, swimming baths and library). Come up with a plan for how you could use these resources to improve the health and wellbeing of young people in your community. In the box below tell us about your plan (including what you would do, how you would get people involved, what you would spend the money on etc.). You could even design a poster to advertise your idea to the public. |                            |                    |                               |             |  |  |
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MAKE SURE YOU RETURN YOUR ENTRY TO SCHOOL WHEN IT REOPENS TO BE IN FOR A CHANCE TO WIN!!!