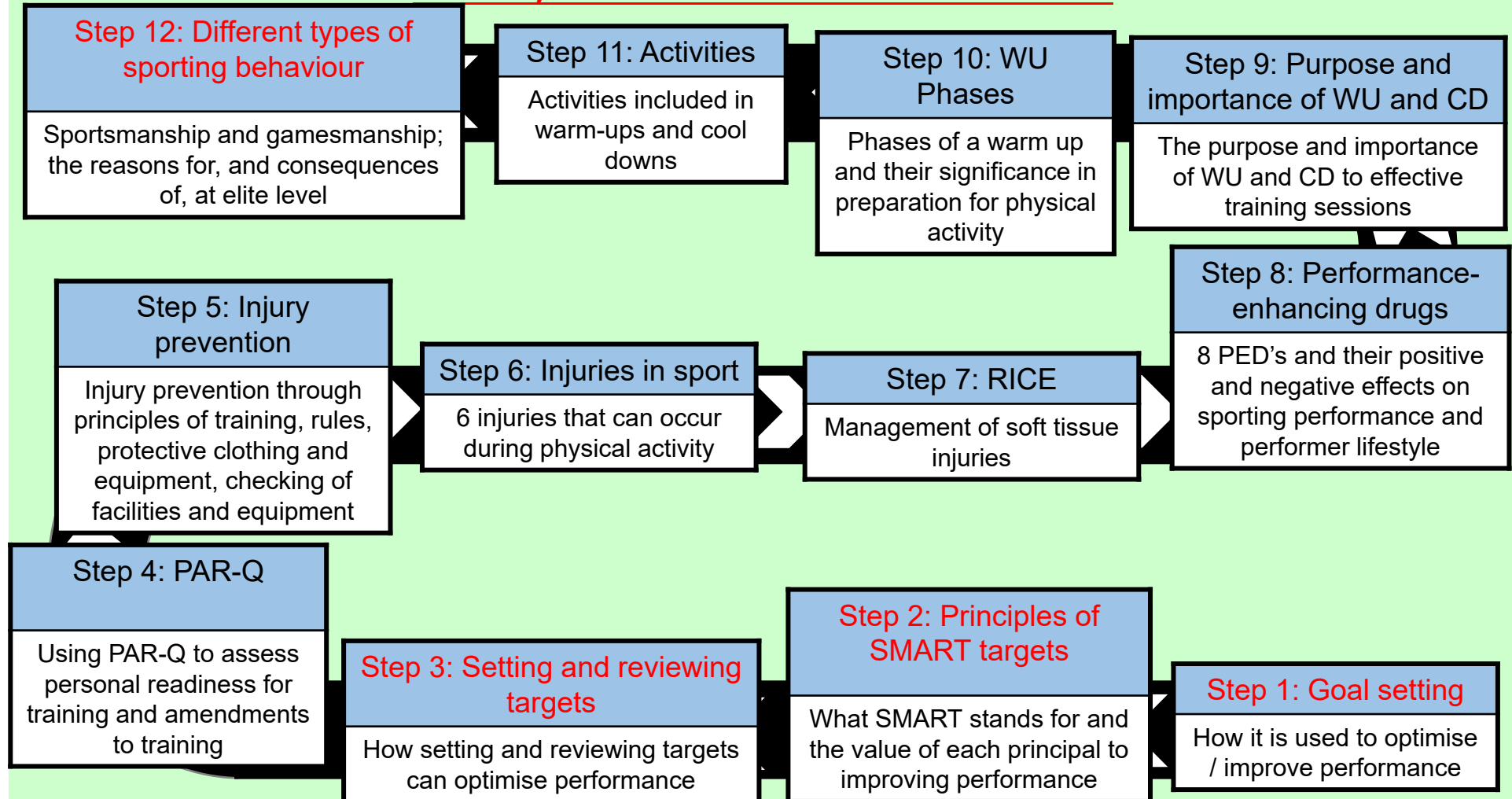


GCSE PE Learning Journey: C1 - Topics 3.5 & 3.6; C2 - Topics 2.2 & 3.3

Optimising Training and Preventing Injury, Warm Ups/Cool Downs; Goal Setting & SMART; Ethical and Socio-Cultural Issues



 Achievement

 resilience


Community

 PERSEVERANCE

Pride 

SHUTTLEWORTH 
COLLEGE