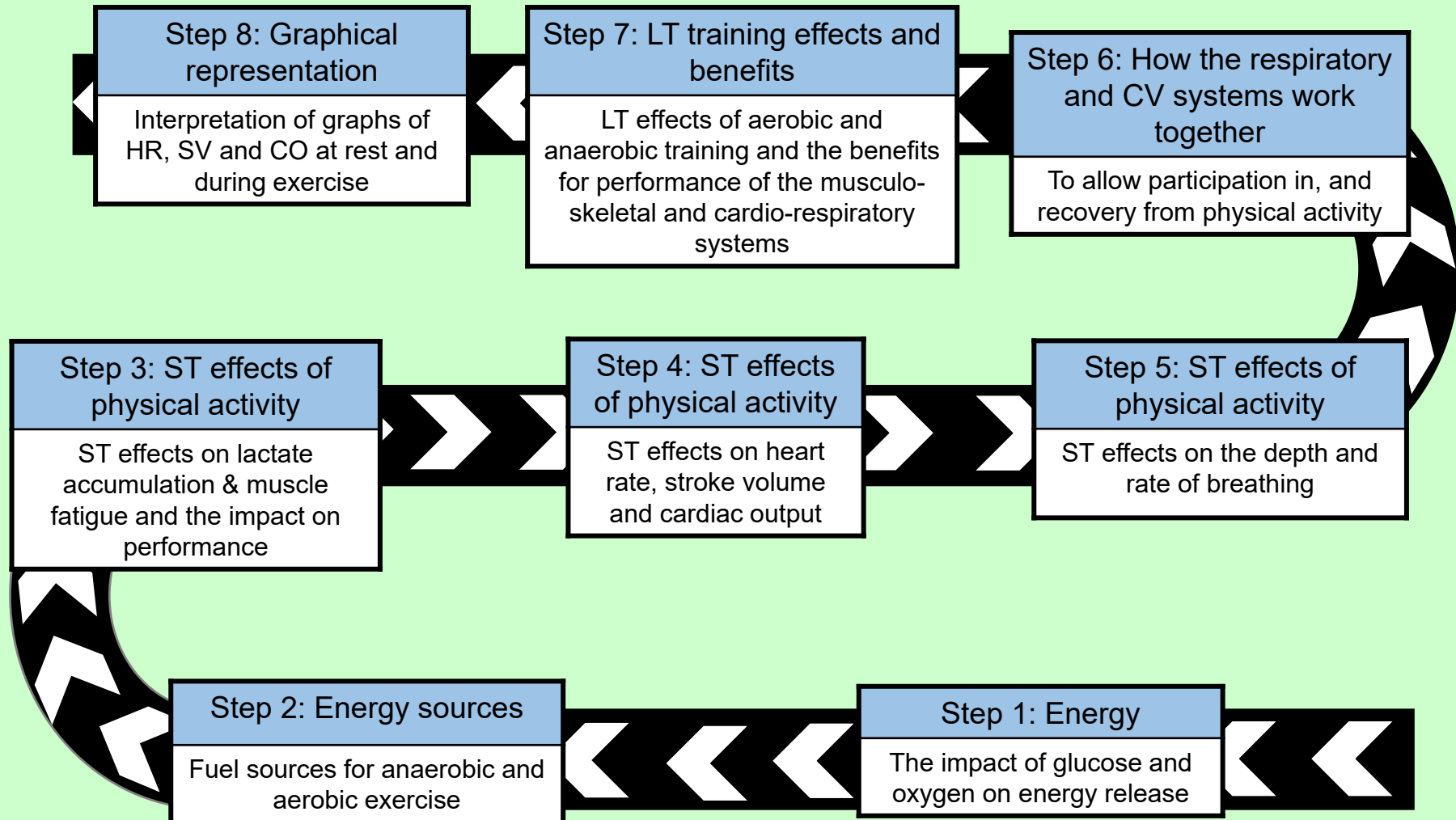


GCSE PE Learning Journey: Topic 1.3 & 1.4 - Anaerobic and Aerobic Exercise; Short and Long Term Effects of Exercise



 Achievement



resilience




Community

 PERSEVERANCE

Pride 

SHUTTLEWORTH 

COLLEGE