

Year 8 – Unit Three: How does Religion Influence Life? Where do Buddhists find Guidance?

The Big Picture:

How has Religion influenced Indian Society?

Who was Siddhartha Gautama?

How does the life of Siddhartha Gautama influence Buddhists?

How do the Three Marks of Existence influence Buddhists?

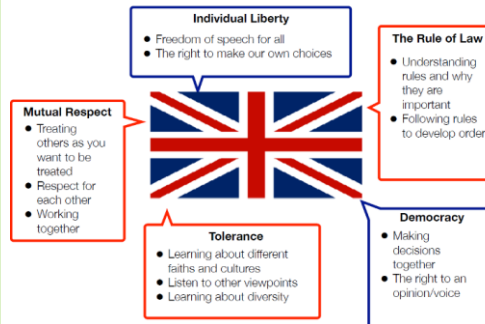
How do Buddhists aim to End Suffering?

Why do Buddhists want to Achieve Enlightenment?



How might this unit of work link to our British Values?

British Values



Key words	Definition
Buddha	The one who is awake.
dukkha	Suffering, illness, dissatisfaction or imperfection. An unavoidable fact of existence.
enlightenment	The realisation of the truth about life.
Four Noble Truths	The truths discovered by the Buddha during his enlightenment.
Noble Eightfold Path	The teachings of the Buddha that can lead to the end of suffering: 1 - Right Views; 2 - Right Thinking; 3 - Right Speech; 4 - Right Action; 5 - Right Livelihood; 6 - Right Effort; 7 - Right Mindfulness; 8 - Right Meditation.
Samsara	In Hinduism, Buddhism and Sikhism, this is the cycle of life, death and rebirth.
Siddhartha Gautama	The Buddha, the founder of Buddhism.
Three Marks of Existence	In Buddhism these are impermanence (anicca), dissatisfaction or suffering (dukkha), and non-self (anatta). They are characteristics shared by all humans.