## **Year 8 – Unit Three: How does Religion Influence Life?** Where do Buddhists find Guidance?

## The Big Picture:

**How** has Religion influenced Indian Society?

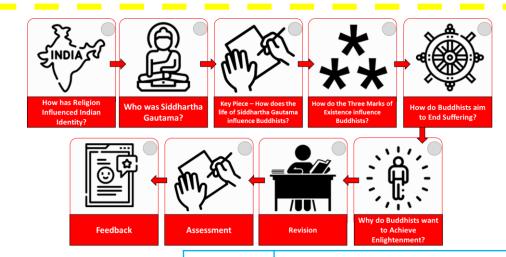
Who was Siddhartha Gautama?

**How** does the life of Siddhartha Gautama influence Buddhists?

**How** do the Three Marks of Existence influence Buddhists?

How do Buddhists aim to End Suffering?

Why do Buddhists want to Achieve Enlightenment?



**Eightfold Path** 

Samsara

Siddhartha

Gautama

Three Marks of

Existence

How might this unit of work link to our British Values?	
British Value	S
Individual Liberty	
Freedom of speech for all     The right to make our own choices	The Rule of Law     Understanding rules and why

Mutual Respect

Treating others as you want to be treated

Respect for each other

Working together

Individual Liberty	
reedom of speech for all	The Rule of Law
he right to make our own choices	Understanding rules and why they are important     Following rules to develop order
Tolerance	Democracy  • Making

	Key words	Definition
•	Buddha	The one who is awake.
	dukkha	Suffering, illness, dissatisfaction or imperfection. An unavoidable fact of existence.
	enlightenment	The realisation of the truth about life.
	Four Noble Truths	The truths discovered by the Buddha during his enlightenment.
	Noble	The teachings of the Buddha that can lead to the end of suffering: 1 - Right Views; 2 - Right Thinking; 3 - Right

Dofinition

Speech; 4 - Right Action; 5 - Right Livelihood; 6 - Right Effort; 7 - Right Mindfulness; 8 - Right Meditation.

In Hinduism, Buddhism and Sikhism, this is the cycle of

life, death and rebirth.

The Buddha, the founder of Buddhism.

In Buddhism these are impermanence (anicca),

dissatisfaction or suffering (dukkha), and non-self

(anatta). They are characteristics shared by all humans.