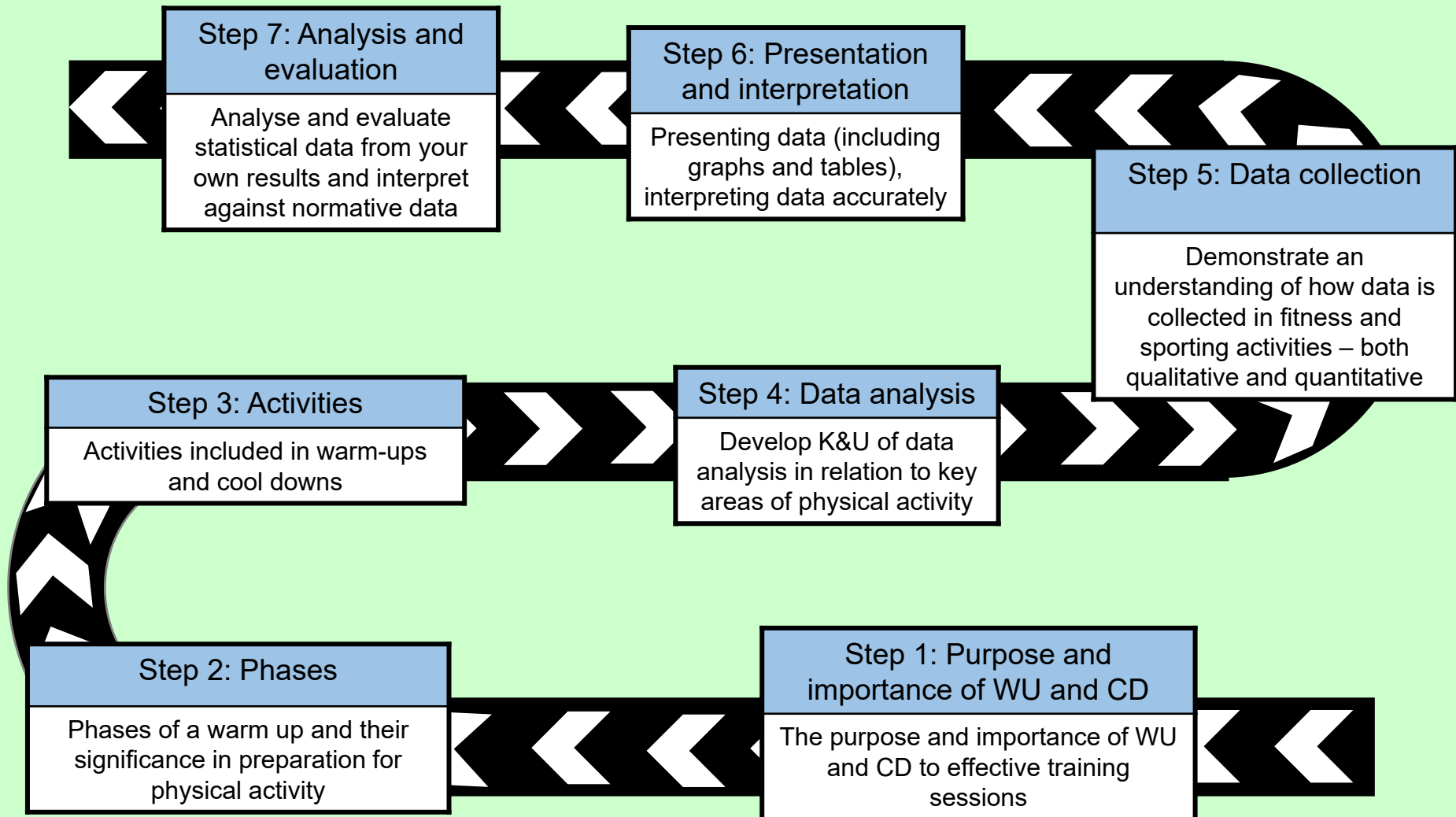


# GCSE PE Learning Journey: Topic 3 - Physical Training 3.6/4.1

## Effective use of Warm Up and Cool Down, Use of data



 Achievement

 resilience

  
Community

 PERSEVERANCE

**Pride** 

**SHUTTLEWORTH** 

COLLEGE