

Year 7 PSHE - Health and Wellbeing

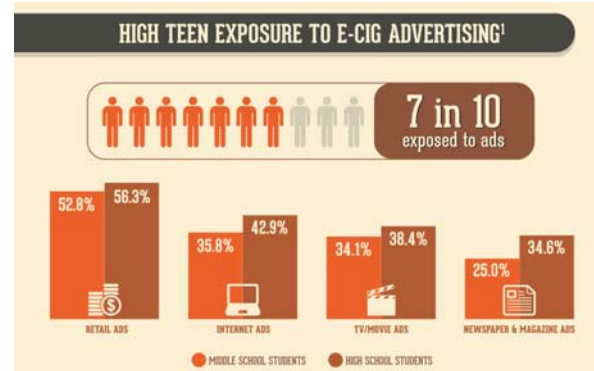
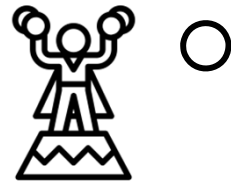
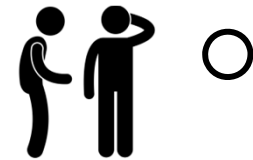
The Big Picture:

Can you answer the 'big picture' questions?



- Smoking and Vaping – **is** smoking that bad and is vaping ok?
- Drugs, Risks and the Law – **What** do I need to know?
- **What** is Peer Pressure?
- **Why** is it Important to Build Resilience?

Add a summary of the lesson alongside each image. Could you link any of the ideas/concepts of the lessons together?



What danger do you think this may cause?

How can you show resilience throughout your life? Give some examples based on your learning in this unit of work.

CEIAG Link:

For this topic we are studying, we can make links to a variety of professions:
 - Youth Offending Team Officer
 If these are something you are interested in, do some research on the profession or speak to Mrs Ackroyd!

Here are some of the key words from this topic.
 Can you add anymore?
 Can you add any definition?

Glossary of Key Terms:

- addiction
- alcohol
- cannabis
- cocaine
- dopamine
- drugs
- ecstasy
- friendship
- grooming
- heroin
- illegal
- influence
- ketamine
- law
- legal
- legalise
- manipulation
- nicotine
- peer pressure
- resilience
- risk
- smoking
- tobacco
- vaping