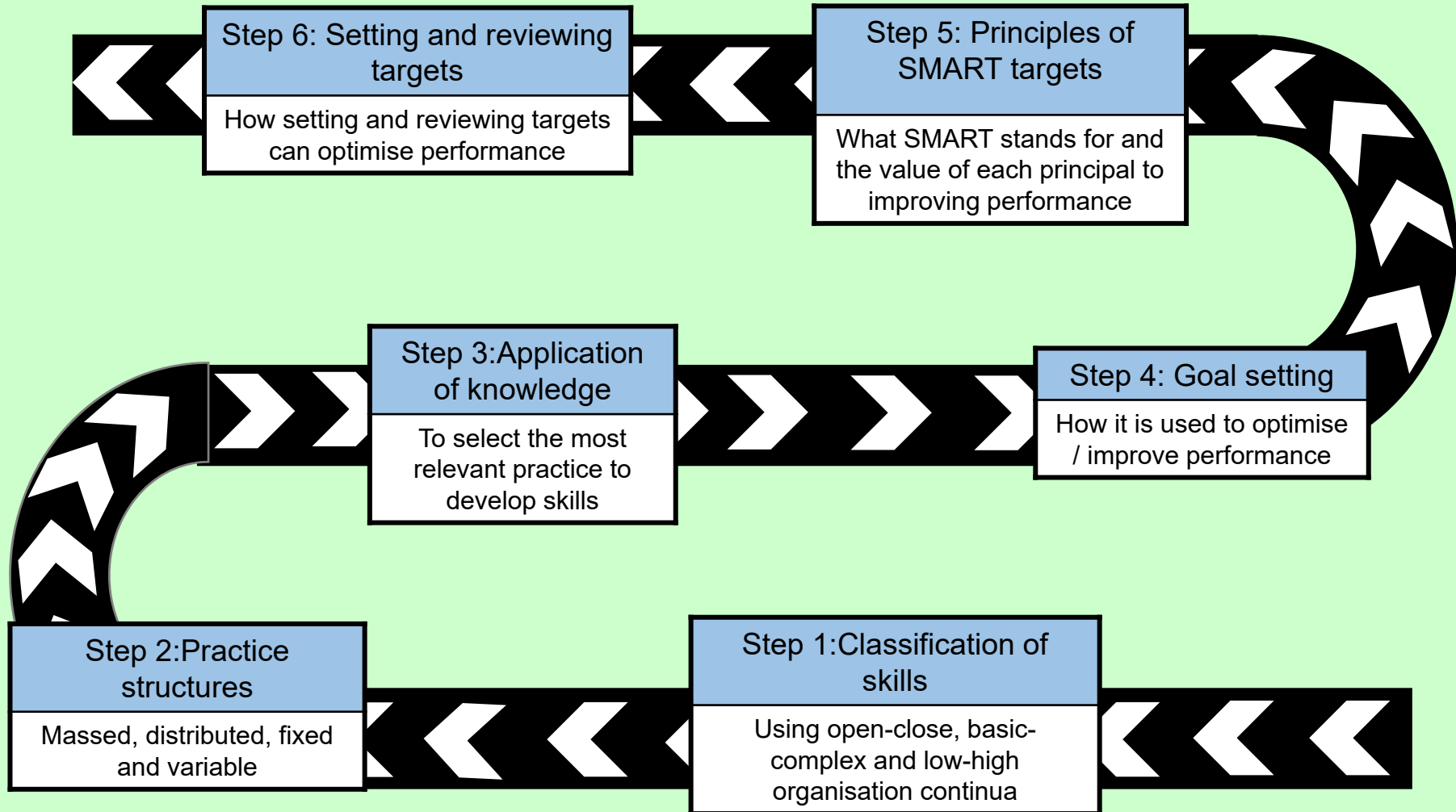


GCSE PE Learning Journey: Component 2 - Health and Well-being

Topic 2: Sport psychology 2.1 Classification of skills

2.2 Goal setting / SMART targets



 Achievement

 resilience


Community

 PERSEVERANCE

 Pride

SHUTTLEWORTH 

COLLEGE