

AQA French GCSE – Vocabulary

People and lifestyle

Healthy living and lifestyle



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Food and drink

équilibré	balanced (m)
fraîche	fresh (f)
frais	fresh (m)
sain	healthy (m)
végan	vegan (m)
végétarien	vegetarian (m)
la boisson	drink, beverage
la carte	menu, map, card
la cuisine	cooking, kitchen
l'eau (f)	water
l'entrée (f)	entrance, starter
la faim	hunger
la glace	ice cream, ice
la nourriture	food
la recette	recipe
la santé	health
la soif	thirst
la viande	meat
les frites (fpl)	chips
le café	café, coffee
le déjeuner	lunch
le dîner	dinner
le fast-food	fast food
le fromage	cheese
le fruit	fruit
le gâteau	cake
le goût	taste, flavour
le lait	milk
le légume	vegetable
le pain	bread
le petit-déjeuner	breakfast
le poisson	fish
le produit	product
le repas	meal

le restaurant	restaurant
le thé	tea
le vin	wine
boire	(to) drink drinking
éviter (de + infinitive)	(to) avoid (+ verb) avoiding (+ verb)
manger	(to) eat eating
préparer; se préparer	(to) prepare preparing; (to) get ready getting ready

Higher only

plat	dish
poulet	chicken
régime	diet
commander; commander à ... de + infinitive	(to) order ordering; (to) tell someone + verb telling someone + verb
contenir	(to) contain, include containing, including
nourrir	(to) feed feeding
sentir; se sentir	(to) smell smelling; (to) feel feeling



Sports and exercise

actif	active, energetic (m)
équilibré	balanced (m)
fort	strong (m), loud
jeune	young (m, f)
sain	healthy (m)
sportif	athletic, competitive, sporty, sporting (m)
tôt	early
activité	activity
énergie	energy
forme	form, shape
habitude	habit
jeunesse	youth
natation	swimming
promenade	walk
santé	health
vie	life
effort	effort
exercice	written exercise, physical exercise
expert	expert
kilomètre	kilometre
sport	sport
améliorer	(to) improve improving
arrêter (de + infinitive)	(to) stop (+ verb) stopping (+ verb)
changer; se changer	(to) change changing; (to) get changed getting changed
courir	(to) run running
danser	(to) dance dancing
essayer (de + infinitive)	(to) try (+ verb), attempt (+verb) trying (+ verb), attempting (+ verb)
jouer (à/de + noun)	(to) play (+ noun) playing (+ noun)
lever; se lever	(to) lift, raise lifting, raising; (to) get up, stand up, rise (sun) getting up, standing up, rising (sun)
marcher	(to) walk, work walking, working
rester	(to) stay, remain staying, remaining

Higher only

efficace	efficient, effective (m, f)
moi-même	myself
bénéficiaire de + noun	(to) get, receive, benefit from + noun getting, receiving, benefitting from + noun
nager	(to) swim swimming



Illnesses & accidents

faible	weak (m, f)
fatigué	tired (m)
grave	serious, grave (m, f)
inquiétant	worrying, disturbing (m)
malade	ill (m, f)
mauvais	bad, wrong (m)
médical	medical (m)
mort*	dead (m)
sain	healthy (m)
maladie	illness
mort**	death
santé	health
science	science
urgence	emergency
vie	life
accident	accident
expert	expert
hôpital	hospital
lit	bed
mal***	ache
médicament	medicine, drug
rendez-vous	appointment
soin	care
souci	worry, concern
médecin	doctor (m, f)
chez	(to) (the place of), at (the place of), at, with
améliorer	(to) improve improving
arrêter (de + infinitive)	(to) stop (+ verb) stopping (+ verb)
coucher; se coucher	(to) lie down; sleep lying down, sleeping; (to) go to bed, set (sun) going to bed, setting (sun)
dormir	(to) sleep sleeping
essayer (de + infinitive)	(to) try (+ verb), attempt (+verb) trying (+ verb), attempting (+ verb)

éviter (de + infinitive)	(to) avoid (+ verb) avoiding (+ verb)
mourir	(to) die dying
rester	(to) stay, remain staying, remaining
se relaxer	(to) relax relaxing
tomber	(to) fall falling
tuer	(to) kill killing
visiter	(to) visit visiting

Higher only

conscient	conscious, aware (m)
vivant	alive, living (m)
attaque	attack
attente	wait
perte	loss
incident	incident
risque	risk
sang	blood
traitement	treatment
hôpitaux	hospitals
blessé	(to) hurt, injure hurting, injuring
casser; se casser	(to) break breaking; (to) break a body part breaking a body part
causer	(to) cause causing
conseiller (à ... de + infinitive)	(to) advise, recommend (to someone + verb) advising, recommending (to someone + verb)
garder	(to) keep, take care of, look after keeping, taking care of, looking after
gérer	(to) manage, handle, deal with managing, handling, dealing with
sauver; se sauver	(to) rescue, save rescuing, saving; (to) escape, get away escaping, getting away



Body parts

bouche	mouth
jambe	leg
main	hand
oreille	ear
tête	head
bras	arm
cœur	heart
corps	body
dos	back
pie	foot
visage	face
cheveux	hair
yeux	eyes

Higher only

peau	skin
œil	eye



Stress and other problems

dangereux	dangerous (m)
difficile	difficult (m, f)
grave	serious, grave (m, f)
inquiétant	worrying, disturbing (m)
mauvais	bad, wrong (m)
tôt	early
cause	cause
cigarette	cigarette
crise	crisis
drogue	drug
habitude	habit
inquiétude	worry, anxiety
lecture	reading
menace	threat
vie	life
alcool	alcohol
danger	danger
expert	expert
souci	worry, concern
livre	book, pound
arrêter (de + infinitive)	(to) stop (+ verb) stopping (+ verb)
changer; se changer	(to) change changing; (to) get changed getting changed
coucher; se coucher	(to) lie down; sleep lying down, sleeping; (to) go to bed, set (sun) going to bed, setting (sun)
coûter	(to) cost costing
dormir	(to) sleep sleeping
essayer (de + infinitive)	(to) try (+ verb), attempt (+verb) trying (+ verb), attempting (+ verb)
éviter (de + infinitive)	(to) avoid (+ verb) avoiding (+ verb)
fumer	(to) smoke smoking
lire	(to) read reading
perdre; se perdre	(to) lose losing; (to) get lost getting lost
peser	(to) weigh weighing

rechercher	(to) look for, collect looking for, collecting
recommander	(to) recommend recommending
rester	(to) stay, remain staying, remaining
vapoter	(to) vape vaping

Higher only

efficace	efficient, effective (m, f)
attaque	attack
bataille	battle
explication	explanation
conseil	advice, counsel, council
contenu	contents
débat	debate
esprit	mind, spirit
soutien	support
tabac	tobacco
moi-même	myself
bénéficiaire de + noun	(to) get, receive, benefit from + noun getting, receiving, benefitting from + noun
causer	(to) cause causing
conseiller (à ... de + infinitive)	(to) advise, recommend (to someone + verb) advising, recommending (to someone + verb)
dépendre de	(to) depend on + noun, depending on + noun
empêcher (... de + infinitive)	(to) prevent (someone from + verb) preventing (someone from + verb)
garder	(to) keep, take care of, look after keeping, taking care of, looking after
gérer	(to) manage, handle, deal with managing, handling, dealing with
lutter	(to) fight, struggle fighting, struggling
mener	(to) lead leading
prévenir	(to) let know, warn letting know, warning
refuser (de + infinitive)	(to) refuse (+ verb) refusing (+ verb)
risquer (de + infinitive)	(to) risk (+ verb) risking (+ verb)
sauver; se sauver	(to) rescue, save rescuing, saving; (to) escape, get away escaping, getting away
sentir; se sentir	(to) smell smelling; (to) feel feeling
souffrir	(to) suffer suffering