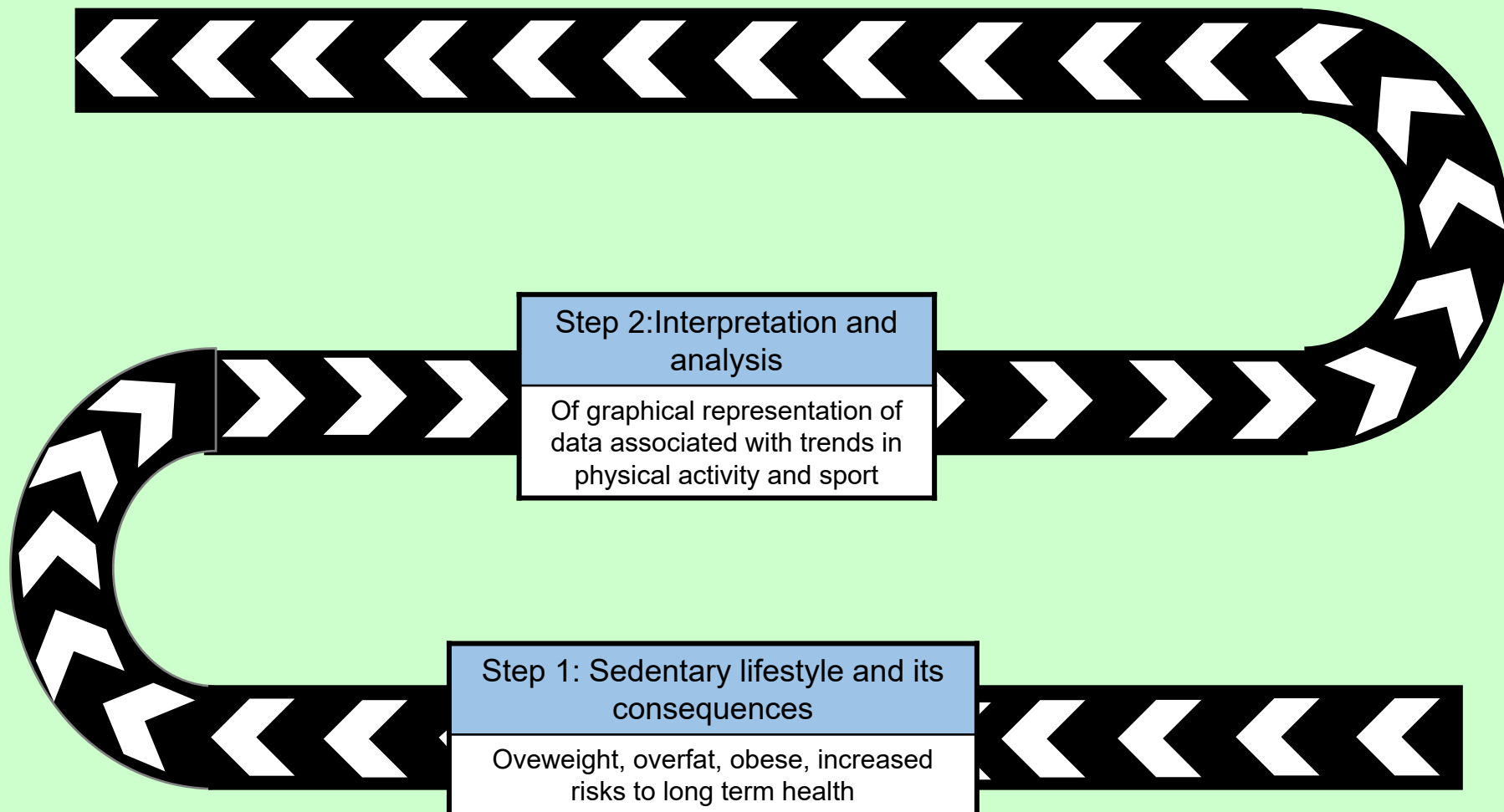


# GCSE PE Learning Journey: Component 2 - Health and Performance

## Topic 1.2: The consequences of a sedentary lifestyle



 Achievement



resilience 

  
Community

 PERSEVERANCE

Pride 

**SHUTTLEWORTH** 

COLLEGE