

Year 7 PSHE - Health and Wellbeing

The Big Picture:

Can you answer the 'big picture' questions?



- **Why** am I Angry?
- **How** is my Body Changing?
- **How** do you Keep Yourself Safe?
- **How** can I Evaluate Risk?

Add a summary of the lesson alongside each image. Could you link any of the ideas/concepts of the lessons together?



Nearly 1/3 of girls drop out of sport at puberty.
Why do you think this is and how might this link to your learning in this unit of work?

"The biggest risk is not taking any risk..."
Do you agree or disagree with this quotation? Explain your answer, linking to your learning in this unit of work.



CEIAG Link:

For this topic we are studying, we can make links to a variety of professions:

- Railway worker
- Food manufacturing inspector

If these are something you are interested in, do some research on the profession or speak to Mrs Ackroyd!

Here are some of the key words from this topic.
Can you add anymore?
Can you add any definition?

Glossary of Key Terms:

- adrenaline
- behaviour
- derelict
- emergency
- emotions
- fertile
- frontal lobe
- hormones
- myelination
- oestrogen
- ovaries
- period poverty
- periods
- personal safety
- puberty
- puberty blockers
- risk
- sexting
- synapses
- testes
- testosterone